

## Health and Care Overview and Scrutiny Committee

### District and Borough Council Digest

Under the Health Scrutiny Code of Joint Working with District and Borough Councils, Authorities have undertaken to keep relevant Partners informed of their consideration of health matters having regard to the general working principle of co-operation and the need to ensure a co-ordinated Staffordshire approach. Therefore, the following is a summary of the business transacted at the meetings of the Health and Care Overview and Scrutiny Committee held on 13 February 2023.

#### Health and Care Overview and Scrutiny Committee 13 February 2023

##### **Mental Health and Mental Wellbeing Strategy**

The Committee considered the Mental Health and Mental Wellbeing Strategy and were informed that the strategy had been jointly developed by the Council and ICB. It was intended for the strategy to be a simplified high-level strategy. The Committee were advised that there had been a number of wide range focus groups and consultations involved in the development of the strategy. The Committee made comments and agreed to receive the strategy.

##### **Update on Mental Health Support Teams in Schools**

The Committee received an update report Mental Health Support Teams (MHST) in Schools and were advised that the MHST approach was set out in a green paper – Transforming Children and Young People’s Mental Health provision. This green paper set out three major proposals to transform children and young people’s mental health provision with a focus on improving mental health in education:

- a) incentivise all schools and colleges to identify and train senior mental health leads in education settings
- b) new MHSTs across education settings to provide early intervention and support the promotion of good mental health and wellbeing
- c) Pilot 4-week waiting times to access specialist NHS CYPMH services.

The Committee noted the plan for expansion of MHST by March 2024 and the progress, challenges and barriers experienced to date.

##### **Childrens Mental Health Update**

The Committee received an update presentation on Childrens Mental Health. The Committee were updated on the Mental Health Portfolio Structure and key performance indicators. There was now a Mental Health System Performance Dashboard and a snapshot of the latest CAHMS data was shared with the Committee.

The Committee were informed of the NHS long term plan commitments for Children & Young People and the refreshed Mental Health Local Transformation Plan 2022. The Committee were also advised of the increase in complexity and number of referrals. CYP access rates achieved 35% across the ICS.

It was reported that CYP Mental Health Services were moving to a Thrive Model and away from a tiered approach. The Thrive model was an integrated, person-centred and needs led approach to delivering mental health services for children and young people.

The Committee agreed to receive the presentation and requested data to evidence the increase in demand and complexity of Childrens Mental Health be shared with the Committee.

To see the reports in full and view the webcast of the meeting see the links below:

[Agenda for Health and Care Overview and Scrutiny Committee on Monday 13th February 2023, 10:00am - Staffordshire County Council](#)

The next meeting will be held on Monday 20 March 2023 at 10.00 am, County Buildings, Stafford.